

NO-SEW FACE MASK PATTERNS BY **JENNIFERMAKER**

These patterns work with the instructions available online at jennifermaker.com/facemask-nosew

Step 1:

Determine your pattern size by measuring your head from ear to ear across your nose.



Size Chart:

Ear to Ear	Knit T-Shirt Material	Woven Cotton Material
8.5"-9"	Youth Small	Youth Medium
9.5"-10"	Youth Medium	Youth Large
10.5"-11"	Youth Large	Adult Small
11.5"-12"	Adult Small	Adult Medium
12.5"-13"	Adult Medium	Adult Large
13.5"-14"	Adult Large	Adult Extra Large
14.5"-15"	Adult Extra Large	Increase by 1/2" in height

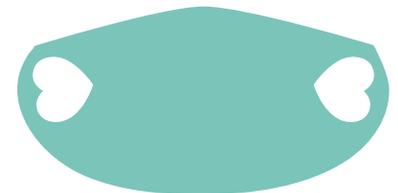
Step 2:

Watch a video and/or read my face mask tutorial:

- ▶ Video #1: 3-minute T-Shirt Method video at: jennifermaker.com/facemask-tshirt
- ▶ Video #2: 3-minute Cotton Method video at: jennifermaker.com/facemask-cotton
- ▶ Video #3: Extended Edition video at: jennifermaker.com/facemask-video
- ▶ Photo Tutorial: jennifermaker.com/facemask-nosew

HOW TO WEAR THIS FACE MASK

1. Hold the mask up to your face like this, with the bump pointing up:
2. Twist an ear loop once and slip the twisted loop over one ear.
3. Twist the other loop once and slip the twisted loop over the other ear.
4. Adjust as necessary so the entire lower half of your face is covered. If the face mask feels too tight, remove it, stretch it lengthwise, and replace it on your face. If it continues to feel too tight, go up a size. If the face mask feels too loose, go down a size.

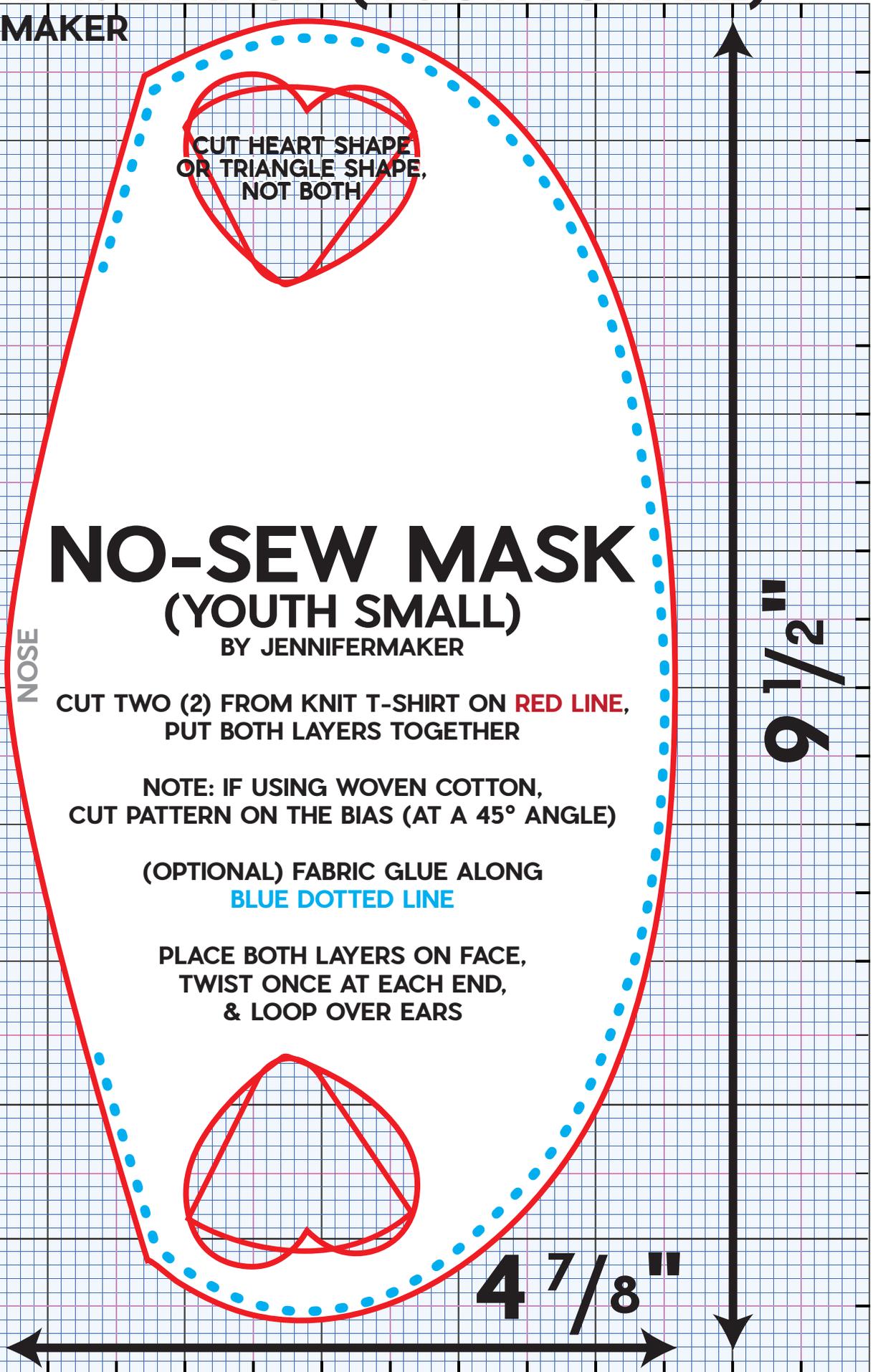


Learn how to make this no-sew face mask yourself at jennifermaker.com/facemask-nosew

NO-SEW FACE MASK (YOUTH SMALL)

BY JENNIFERMAKER

SEE FULL TUTORIAL AT JENNIFERMAKER.COM/NO-SEW-FACE-MASK-TSHIRT



NO-SEW MASK (YOUTH SMALL)

BY JENNIFERMAKER

CUT TWO (2) FROM KNIT T-SHIRT ON **RED LINE**,
PUT BOTH LAYERS TOGETHER

NOTE: IF USING WOVEN COTTON,
CUT PATTERN ON THE BIAS (AT A 45° ANGLE)

(OPTIONAL) FABRIC GLUE ALONG
BLUE DOTTED LINE

PLACE BOTH LAYERS ON FACE,
TWIST ONCE AT EACH END,
& LOOP OVER EARS

NOSE

9 1/2"

4 7/8"

NO-SEW FACE MASK (YOUTH MEDIUM)

BY JENNIFERMAKER

CUT HEART SHAPE
OR TRIANGLE SHAPE,
NOT BOTH

NO-SEW MASK (YOUTH MEDIUM)

BY JENNIFERMAKER

CUT TWO (2) FROM KNIT T-SHIRT ON **RED LINE**,
PUT BOTH LAYERS TOGETHER

NOTE: IF USING WOVEN COTTON,
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(OPTIONAL) FABRIC GLUE ALONG
BLUE DOTTED LINE

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TWIST ONCE AT EACH END,
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SEE FULL TUTORIAL AT JENNIFERMAKER.COM/NO-SEW-FACE-MASK-TSHIRT

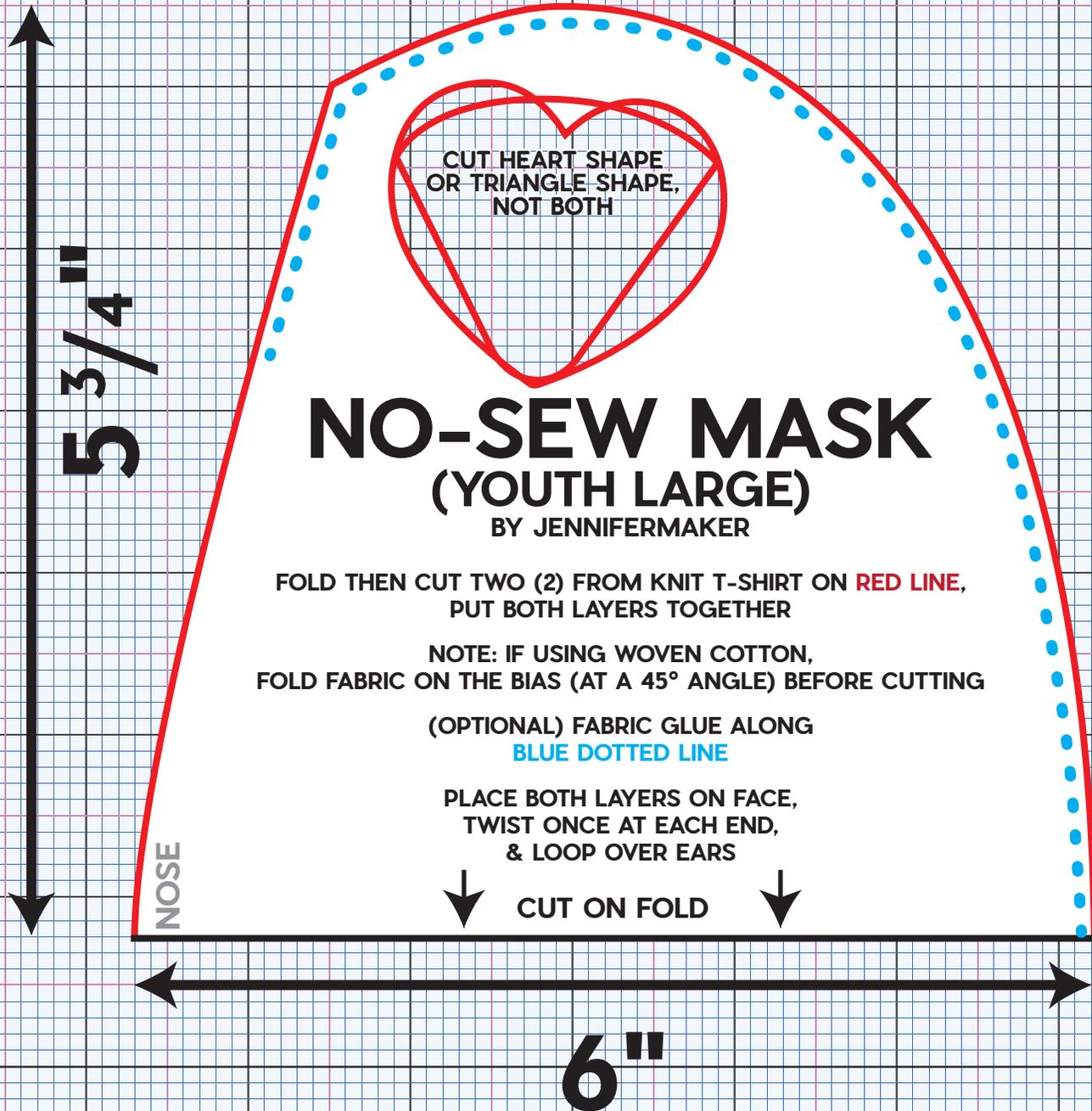
NOSE

10 1/2"

5 3/8"

NO-SEW FACE MASK (YOUTH LARGE)

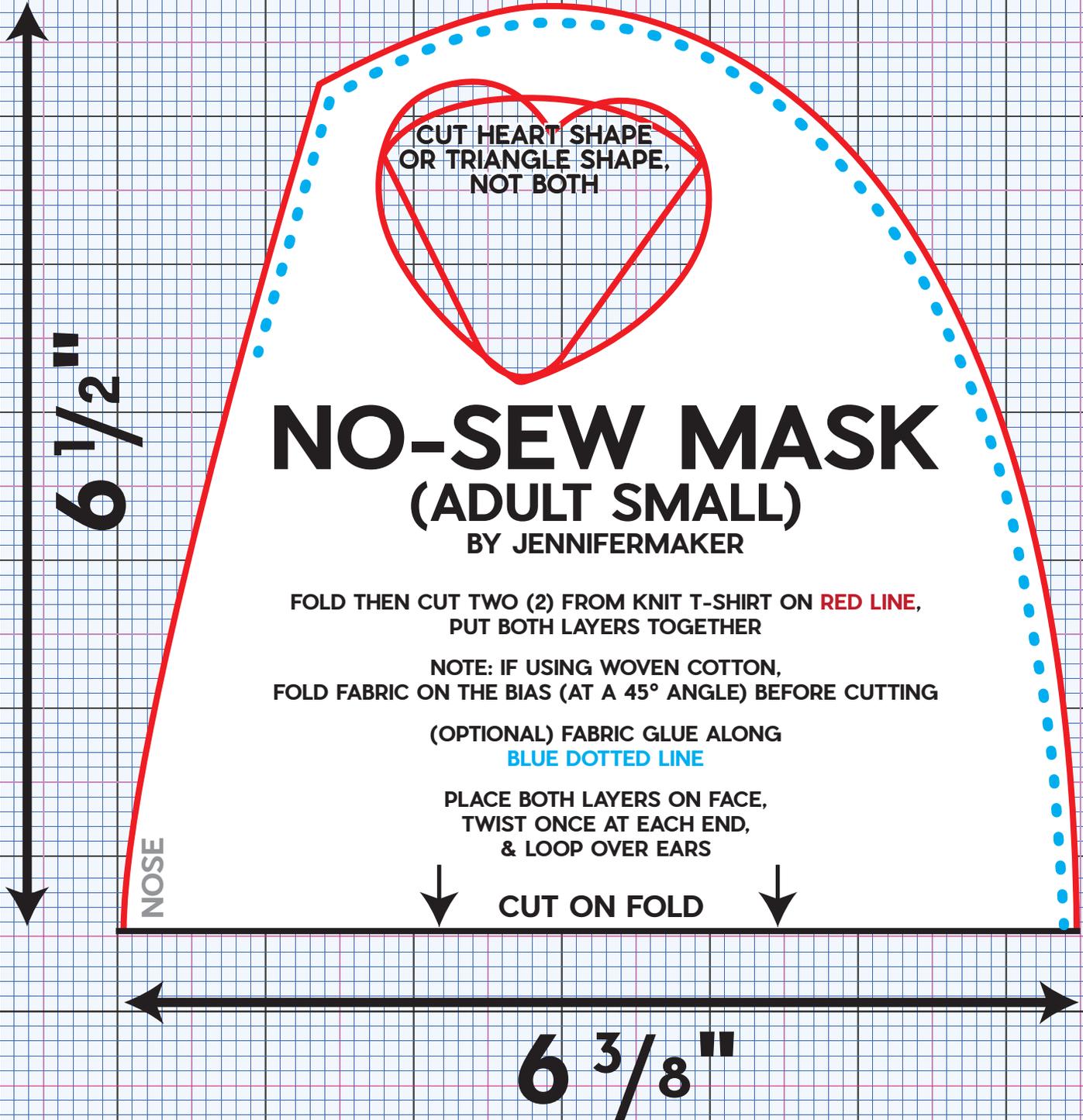
BY JENNIFERMAKER



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NO-SEW FACE MASK (ADULT SMALL)

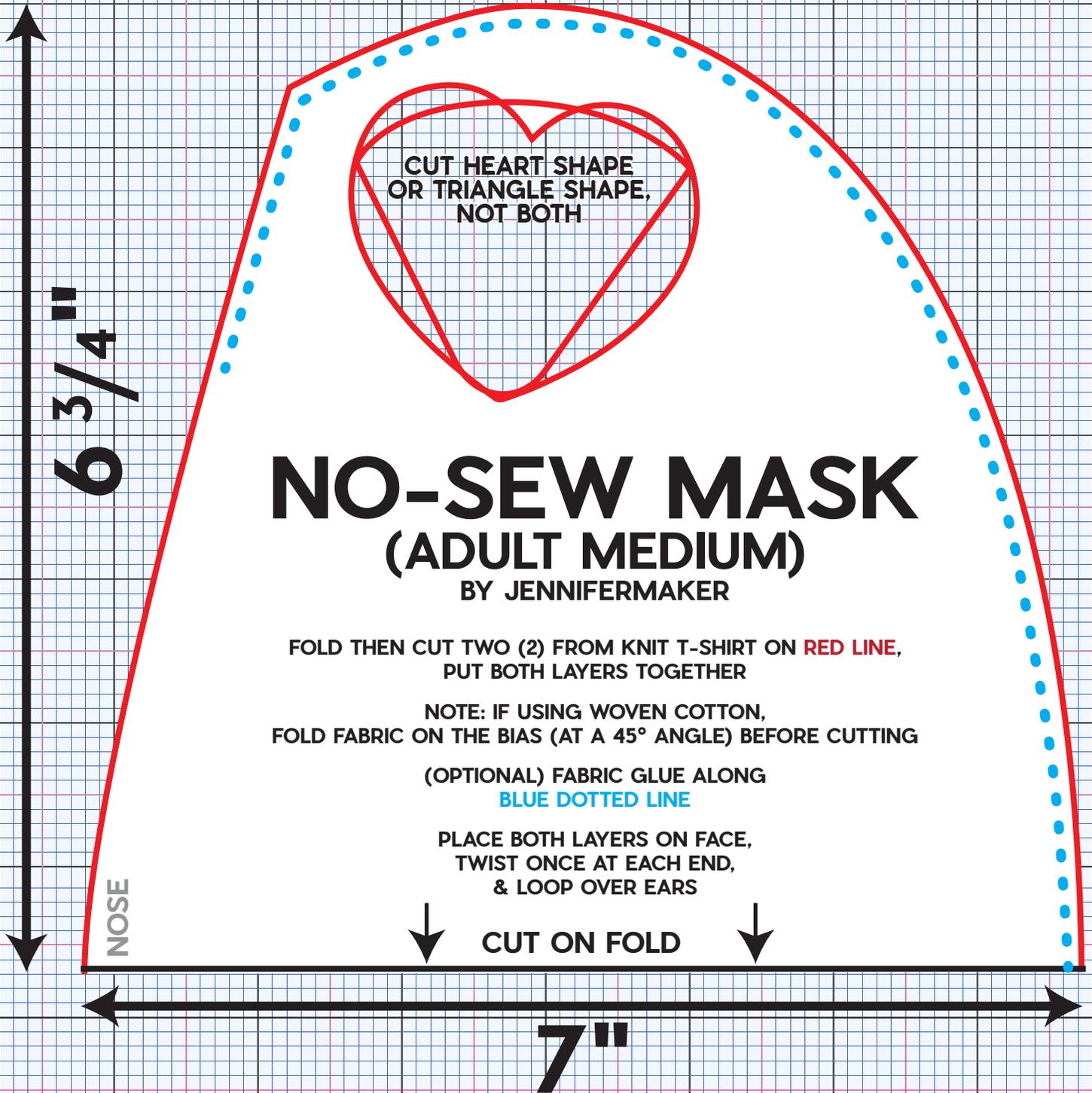
BY JENNIFERMAKER



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NO-SEW FACE MASK (ADULT MEDIUM)

BY JENNIFERMAKER



SEE FULL TUTORIAL AT JENNIFERMAKER.COM/NO-SEW-FACE-MASK-TSHIRT

NO-SEW FACE MASK (ADULT LARGE)

BY JENNIFERMAKER



CUT HEART SHAPE
OR TRIANGLE SHAPE,
NOT BOTH

NO-SEW MASK (ADULT LARGE)

BY JENNIFERMAKER

FOLD THEN CUT TWO (2) FROM KNIT T-SHIRT ON **RED LINE**,
PUT BOTH LAYERS TOGETHER

NOTE: IF USING WOVEN COTTON,
FOLD FABRIC ON THE BIAS (AT A 45° ANGLE) BEFORE CUTTING

(OPTIONAL) FABRIC GLUE ALONG
BLUE DOTTED LINE

PLACE BOTH LAYERS ON FACE,
TWIST ONCE AT EACH END,
& LOOP OVER EARS

↓ CUT ON FOLD ↓

7 1/2"

SEE FULL TUTORIAL AT JENNIFERMAKER.COM/NO-SEW-FACE-MASK-TSHIRT

NO-SEW FACE MASK (ADULT X-LARGE)

BY JENNIFERMAKER

7 3/4"

CUT HEART SHAPE
OR TRIANGLE SHAPE,
NOT BOTH

NO-SEW MASK (ADULT EXTRA LARGE)

BY JENNIFERMAKER

FOLD THEN CUT TWO (2) FROM KNIT T-SHIRT ON **RED LINE**,
PUT BOTH LAYERS TOGETHER

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FOLD FABRIC ON THE BIAS (AT A 45° ANGLE) BEFORE CUTTING

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BLUE DOTTED LINE

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TWIST ONCE AT EACH END,
& LOOP OVER EARS

CUT ON FOLD

8"

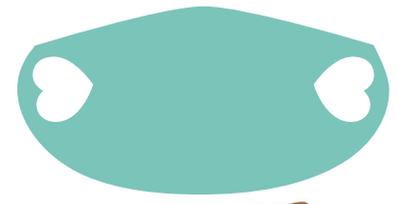
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1. Hold the mask up to your face like this, with the bump pointing up:
2. Twist an ear loop once and slip the twisted loop over one ear.
3. Twist the other loop once and slip the twisted loop over the other ear.
4. Adjust as necessary so the entire lower half of your face is covered. If the face mask feels too tight, remove it, stretch it lengthwise, and replace it on your face. If it continues to feel too tight, go up a size. If the face mask feels too loose, go down a size.

Learn how to make this no-sew face mask yourself at jennifermaker.com/facemask-nosew

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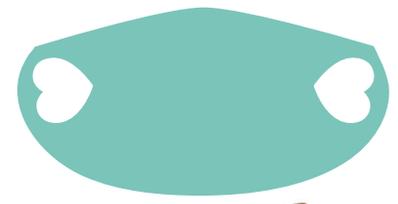


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